



**Catholic Diocese of Auckland**

**Welcome to Kids Korner!**  
**A Journey through the Bible!**

STORIES, PRAYER AND SONGS WITH JESUS

*and* RECIPES AND ACTIVITIES

## **2nd week of Advent** **Exploring our Faith with Children**

### **John Prepares for Jesus**

**This is the beginning of the Good News about Jesus Christ, the Son of God, as the prophet Isaiah wrote:**

**“I will send my messenger ahead of you.**

**He will prepare your way.” Malachi 3:1**

**“There is a voice of a man who  
calls out in the desert:**

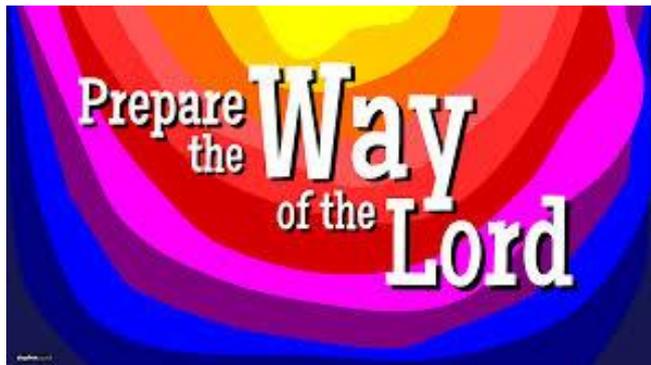
**‘Prepare the way for the Lord.**

**Make the road straight for him.’” Isaiah 40:3**

**John was baptizing people in the desert. He preached a baptism of changed hearts and lives for the forgiveness of sins. All the people from Judea and Jerusalem were going out to John. They told about the sins they had done. Then they were baptized by him in the Jordan River. John wore clothes made from camel’s hair and had a leather belt**

around his waist. He ate locusts and wild honey. This is what John preached to the people:

“There is one coming later who is greater than I. I am not good enough even to kneel down and untie his sandals. I baptize you with water. But the one who is coming will baptize you with the Holy Spirit.”



[Click on the picture and follow the link](#)



[Click on the picture and follow the link](#)

**St Ambrose, bishop, doctor  
December 7th**



[Click on the picture and follow the link](#)

The **IMMACULATE CONCEPTION** of the **BLESSED VIRGIN MARY**  
December 8th



Click on the pictures and follow the links

The **Gift** – inspirational story for this week



Click on the picture and follow the link

Dear God, don't let us miss chances this week to be welcoming to other people and to work in harmony with everyone. Help us as we try to change our ways so that we are good examples of people who love and follow the Lord.

God of expectation, may we, your people, who prepare a way for the Lord, experience the joy of salvation and celebrate the feast of Christ with love and thanksgiving.

## Birdseed Bread A Homemade easy wheat free bread

### Ingredients

2 Cups rolled oats (jumbo oats, not quick cook oats)  
1 Cup sunflower seeds  
½ Cup pumpkin seeds  
¾ Cup almonds roughly chopped  
¼ Cup flaxseed/linseed (whole seeds not ground)  
¼ Cup psyllium husk  
2 Tbsp chia seeds  
1-2 tsp salt  
2-3 Tbsp maple syrup or liquid honey  
¼ Cup your preferred oil  
600ml water



### Method

1. Toast sunflower seeds, pumpkin seeds and almonds (I do this in a large dry pan, over a medium heat until the pumpkin seeds begin to pop)
2. Mix all dry ingredients in a large bowl
3. Add liquid ingredients
4. Mix, it will be quite sloppy, leave 5 mins and mix again (the oats and psyllium husk should have absorbed a lot of the moisture)
5. Oil a loaf tin and line with baking paper
6. Pour in mixture, smooth off the top by pushing down firmly with a spatula or rubber scraper. Wrap entire thing in cling film, pushing this down so that it sticks to the top of the mix
7. Refrigerate in the loaf tin overnight
8. Remove cling film
9. Bake for 1hr at 180 degrees Celsius
10. Remove from the oven, turn the loaf onto a cooling rack but leave the tin on top of the loaf until completely cool. Do not attempt to slice until cold.

# Easy Chicken Corn Noodle Soup

## Ingredients

- 1 Tbsp Oil
- 1-2 cloves garlic
- 2cm piece ginger
- 500g boneless skinless chicken
- 1L chicken stock
- 2 Tbsp soy sauce or Tamari
- 1 cup corn kernels (fresh or frozen)
- 2 Zucchini
- 180g dried rice noodles
- Sesame oil

## Instructions

1. Heat oil in a large saucepan over a medium heat
2. Crush garlic and finely shred ginger
3. Sauté garlic and ginger for 1-2 minutes until fragrant
4. Add Stock and Soy Sauce, bring up to a simmer
5. While this is happening slice the chicken
6. Add Chicken and Corn to the hot stock
7. Simmer for 20 mins
8. Add noodles and cook for length of time recommended on the packet
9. Grate the Zucchini and add right at the end of cooking it will only require 1-2 mins cooking time
10. Ladle into bowls and sprinkle with sesame oil before serving



## John the Baptist

Lived in the \_\_\_\_\_.

Was \_\_\_\_\_ months older than  
Jesus.

Wore clothing made of

\_\_\_\_\_

and \_\_\_\_\_.

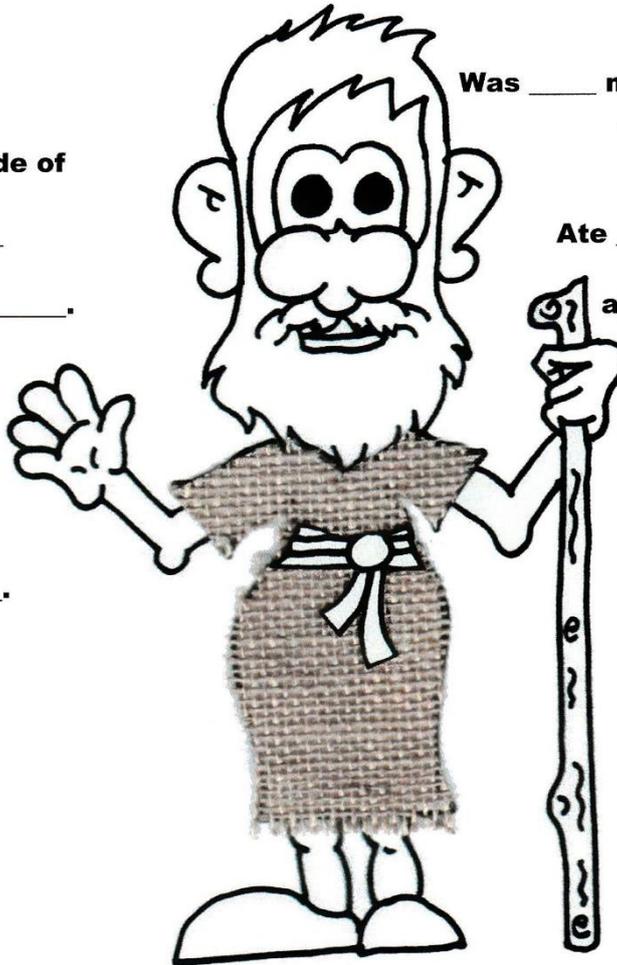
Ate \_\_\_\_\_

and \_\_\_\_\_.

Prepared

the way for

\_\_\_\_\_.



If you do not know the answer read Luke 1:26-27, 35-36, 76 and Matthew 3:1, 4 to fill in the blanks.

# Prepare the Way



Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.

## John the Baptist Prepares the Way

He went into all the country around the Jordan, preaching a baptism of repentance for the forgiveness of \_\_\_\_\_.

As is written in the book of the words of Isaiah the prophet: "A \_\_\_\_\_ of one calling in the \_\_\_\_\_, 'Prepare the \_\_\_\_\_ for the Lord, make straight paths for him. Every \_\_\_\_\_ shall be filled in, every \_\_\_\_\_ and hill made low. The \_\_\_\_\_ roads shall become \_\_\_\_\_, the \_\_\_\_\_ ways \_\_\_\_\_. And all mankind will see God's salvation.'"

## Luke 3:3-6 (NIV)

crooked	mountain	sins	straight	voice
desert	rough	smooth	valley	way

T	N	A	E	D	V	O	I	E	C
S	I	D	R	O	J	F	A	R	A
U	D	R	O	J	I	R	N	T	S
E	M	S	I	T	P	A	B	A	S
S	C	S	T	P	D	T	A	W	D
E	E	I	U	R	S	D	A	W	N
J	N	N	O	S	O	T	N	H	A
G	O	J	I	V	E	M	O	O	M
T	O	H	E	R	E	J	E	J	E
E	S	N	E	V	A	E	H	E	D

- |         |         |         |
|---------|---------|---------|
| JESUS   | JORDAN  | JOHN    |
| BAPTISM | FITTING | DEMANDS |
| WATER   | HEAVENS | SPIRIT  |
| DOVE    | VOICE   | SON     |

