

Some Ideas for Activities for Children in Lockdown

Indoor Activities

- Build a fort made of blankets and pillows or cardboard.
- Make a treasure hunt in your house, or outside.
- Make up a bingo set with words or numbers.
- Have fun with dress ups.
- Create a Diary of your thoughts.
- Play Charades with your siblings or parents.
- Play with homemade Playdough you can access the recipe on-line.
- Make a Bookmark.
- Test your skills with puzzles.
- Play cards, you can find all sorts of card games on-line.
- Write a letter to a relative or your best friend.
- Have a home-made picnic with your family.
- Make a board game.
- Try your hand at origami tricky but fun.
- Learn about insects and try find some in your garden.
- Play hide and seek.
- Make home-made musical instruments.
- Create Pasta Jewellery.
- Make a vision board, check this on-line.
- Play 20 questions- one person thinks of an object or animal and another person has 20 questions to guess what it is.
- Make a recycled robot.
- Test your knowledge of N.Z
- Make a scavenger hunt- check this on-line.
- Print with potatoes, check this on-line.
- Record your family history with on-line interviews with family members, use old photos, make a family tree and collect family recipes. Put all of this in a scrap book.
- Have a fashion show.
- Create a teddy bears picnic.
- Trace your feet and hands on card and decorate with paint and glitter.
- Make a chatterbox you'll find out how on-line.
- Make popcorn string bracelets or necklaces.
- Make sock puppets.
- Make a recipe book.
- Create a dance party.
- A quieter activity is a headphone disco so only the children can hear the music and dance to it.

- **Make an obstacle course in your bedroom.**
- **Learn to limbo, Mum or Dad might help you with this.**
- **Learn to knit.**
- **Write a picture book.**
- **Learn to juggle.**
- **Learn to tie knots.**
- **Learn sign language.**
- **Have a family movie night.**
- **Have fun with a paper airplane challenge.**

Outdoor Activities

- **Cloud watching see what shapes you can make out.**
- **Chalk art is always fun**
- **Gardening with a little help from Mum or Dad.**
- **Make some slime, recipe on-line.**
- **Blow bubbles.**
- **Create a bird feeder.**
- **Read outside**
- **Bird watching, try to discover how many birds are in your backyard.**
- **Camping outside, put up a tent during the day and play in it.**