

# Wings.Nga Parirau Views

## Living in faith in the Spirit of the Gospel

### SPRING IN LOCKDOWN



As the Church begins the annual Season of Creation on 1st September, Pope Francis is asking everyone to **pray for “an environmentally sustainable lifestyle”**.

In the **Pope Video for the month of September**, he held up the example of young people who are environmentally conscious.

On this link below see and hear Pope Francis’ speech with English subtitles. It’s a 2 minute inspiration. This is what is meant by living the Gospel, bringing Good News into our world, into our daily life.

<https://www.vaticannews.va/en/pope/news/2021-09/pope-francis-prayer-intention-september-sustainable-lifstyle.html>

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Pope Francis said, “It makes me very happy to see that young people have the courage to undertake projects for **environmental and social improvement, since the two go together**” (contd. on p.2).

Pope Francis continues to urge us: 'You must at all times preach the Gospel: if you have to, use words.' So what is Pope Francis actually saying to you, saying to me? How is my life a lived Gospel? What is the Good News we are each called to share in our day to day life, to share with all?

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**Meditation, Centering Prayer, Lectio Divina, Visio Divina-pondering the Gospel and the readings of daily Mass, may be ways for each of us to listen to God speaking in our heart; to bring the Word alive in our daily life.**

'The important aim in Christian meditation is to allow God's mysterious and silent presence within us to become more and more not only a reality but the reality which gives meaning, shape and purpose to everything we do, everything we are.'-John Main  
[www.wccm.org..](http://www.wccm.org..) (p.2)



**Bishop Pat says: “We are the Living Church, we are still active, still bringing the Kingdom of God to life.”**

### *Faith in Life Resources in Auckland*

#### SUNDAY MASS ON SHINE TV AT 2 PM

ASIDE FROM THE MASS ON SHINE TV, FOR THOSE WHO ARE ACTIVE ON SOCIAL MEDIA, IN PARTICULAR ON FACEBOOK, THE CATHEDRAL NOW HAS A LIVESTREAM OF THE MASS ON SUNDAYS AT 11AM. CONNECT WITH THEM AT [HTTPS://WWW.FACEBOOK.COM/STPATRICKSNZ](https://www.facebook.com/stpatricksnz) TO FIND OTHER MASSES ON LINE SEARCH PARISH FACEBOOK PAGES OR YOUTUBE.



Thanks to Michael Otto and NZ Catholic for this gift:

We are providing, free of charge, a digital link to our latest issue. We invite you to distribute this widely, including posting it to your social media outlets. A cover graphic is also attached to assist with this.

<https://indd.adobe.com/view/25f770ac-5f43-4534-abc8-db3a6d9c451e>  
kind regards, God Bless, Michael Otto, Editor NZ Catholic 09 360 3068

**JOURNEY INTO THIS MONTH'S ISSUE:**

**PRACTISE MEDITATION**

**WATCH THE POPE'S SEPTEMBER VIDEO**

**PRAY WITH POPE FRANCIS AND ALL PEOPLE**

**READ AND PONDER 'LAUDATO SI'**

Wings • Ngā Parirau  
A Catholic Faith Formation Programme



# POPE FRANCIS

“Dear brothers and sisters,  
with great concern I am following the situation in Afghanistan, and I take part in the suffering of those who are grieving for the persons who lost their lives in the suicide attacks..., and of those who are seeking help and protection... In historic moments like this one we cannot remain indifferent; the history of the Church teaches us this. As Christians this situation obligates us. For this reason I address an appeal, to everyone, to intensify your prayer and practice fasting. Prayer and fasting, prayer and penance. This is the moment to do so. I am speaking seriously: intensify your prayer and practice fasting, asking the Lord for mercy and forgiveness.” Pope Francis  
Sept.2021

Pope Francis September prayer intention contd from p.1)

Pope Francis added that adults can learn much from young people, since they are often at the forefront of issues “related to care for the planet.” “Let us take advantage of their example and reflect on our lifestyle, especially during these moments of health, social and environmental crisis,” he said.

We should take the opportunity to reflect on “the way we eat, consume, travel, or the way we use water, energy, plastics, and many other material goods,” especially those which are harmful to the environment. “Let us choose to change!” the Pope urged. “Let us advance with young people towards lifestyles that are simpler and more respectful of the environment.”

Pope Francis again called on everyone to look toward young people and their commitment to their own future.

“Let us pray that we all will make courageous choices, the choices necessary for a simple and environmentally sustainable lifestyle, taking inspiration from our young people who are resolutely committed to this,” he said.

The future of the planet that young people will inherit is exactly what hangs in the balance, concluded the Pope.

The Pope’s insistence on integral ecology, said the statement, reminds us that “everything is interconnected in our lives” and that words are not enough to “protect our common home” Have you read 'Laudato Si' recently?

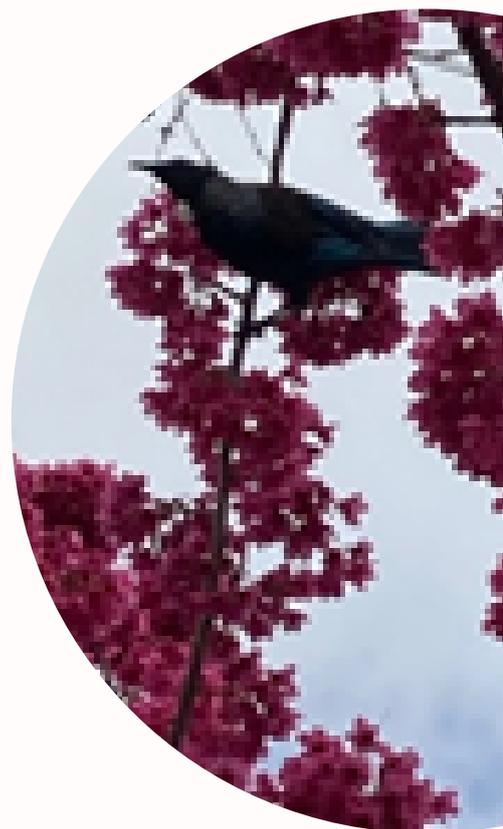
[https://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco\\_20150524\\_enciclica-laudato-si.html](https://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.html)

## How to Meditate in the way of the World Community for Christian Meditation



**Sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, interiorly begin to say a single word. We recommend the prayer / phrase, ‘MA-RA-NA-THA’. Recite it as four syllables of equal length. Listen to it as you say it, gently but continuously. Do not imagine anything, spiritual or otherwise. If thoughts and images come, these are distractions at the time of meditation, so keep returning to simply saying the word. Meditate each morning and evening for between twenty and thirty minutes.**

[www.wccm.org](http://www.wccm.org)  
[christianmeditationnz.org.nz](http://christianmeditationnz.org.nz)



**Hail Mary, full of grace, Mother of New Zealand, pray for us now!**