

**Celebrating Sixth SUNDAY of EASTER**  
**Exploring our Faith with Children**  
**Celebrating the Month Of Mary**  
**NZ sign Language week May 6<sup>th</sup> – 12<sup>th</sup>**  
**Celebrating our May Saints**

**“Now I tell you to love each other,  
as I have loved you.”**

**“I love you just as much as my father loves me.**

**If you do as I ask then you will always be close  
to me, and to God.**

**I want you to love each other just like I love you.**

**I have chosen you to be my friends and I want  
you to go out into the world and share this same  
Love with everyone you meet.”**





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## [Celebrating the Month Of Mary](#)



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## NZ sign Language week May 6<sup>th</sup> – 12<sup>th</sup>



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# Healthier Courgette, Pea & Mint Pasta

## Ingredients

Farfalle or any Pasta - 300 g

Frozen baby peas - 1 cup

Small courgettes, sliced in rounds - 3

Asparagus, cut into thirds - 1 bunch

Garlic - 2 cloves

Lemons - 2

Light smooth ricotta or Cottage Cheese- 375 g

Mint, small leaves picked - 1/3 bunch

Extra virgin olive oil - 1 Tbsp



## Method

- Cook pasta in a large saucepan of boiling water for 12 minutes or until al dente, adding peas during the last 3 minutes of cooking. Drain pasta and peas and return to the pan.
- Meanwhile, slice the courgettes into rounds. Trim asparagus and cut into thirds.
- Heat half of the oil in a large non-stick frying pan. Add garlic and courgette, and cook, stirring, for 3 minutes or until brown and just tender. Transfer to a plate. Add asparagus to the pan and cook, turning, for 2 minutes or until tender.
- Zest and juice one of the lemons. Cut the remaining lemon into wedges.
- Return the courgettes to the pan along with the pasta, peas, juice and half of the zest. Add the remaining oil and cook, stirring occasionally, for 3-4 minutes or until heated. Remove from heat and spoon into bowls.
- Top with ricotta, mint and remaining zest, and serve with lemon wedges.

## No Bake Cookies

### Ingredients

**1/4 cup coconut oil**

**1/2 cup maple syrup**

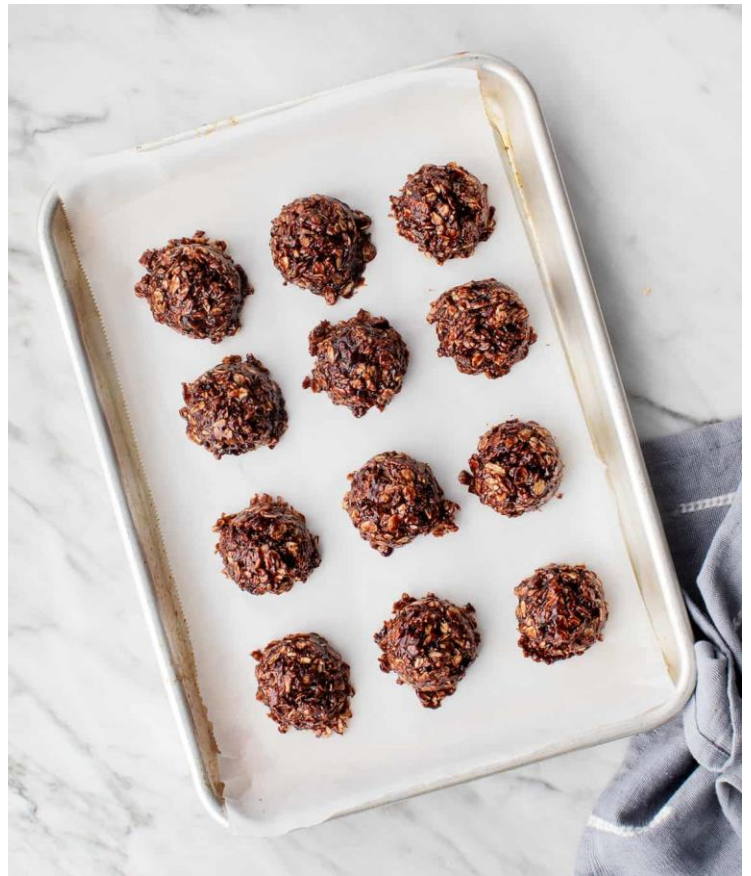
**1/4 cup milk**

**2 tablespoons unsweetened  
cocoa powder**

**1/4 cup plus 2 tablespoons  
creamy peanut butter\***

**1/2 teaspoon vanilla extract**

**1 1/2 cups whole rolled oats**



### Instructions

- Line a large baking sheet with parchment paper.
- In a medium saucepan, melt the coconut oil over medium heat. Add the maple syrup, almond milk, cocoa, peanut butter, and vanilla and whisk to combine. Bring to a boil for 2 minutes, stirring often.
- Remove from the heat and stir in the oats. Use a 2-tablespoon cookie scoop to scoop the batter onto the prepared baking sheet. Chill for 30 minutes or until firm.

# Love One another

My command is this: Love each other as I have loved you. John 15:12 (NIV)


Based on John 15:9-17 (NIV)



G Q R J N I L D R Z G F U R G  
 C O M M A N D D I M Y T E Z I  
 G F S Y J F W J O K H N Y O J  
 Q W F L F R U I T W S C P M I  
 C H M E R B W Q J F N R U P O  
 T L D R I K O B U S I N E S S  
 Q X S X E J U O E R N L A Y R  
 O A P R N E N B A I F L I S R  
 M J L B D I O E D K R V T E T  
 L A F O S A B Y M Z N N T V F  
 M D S A V V Y K N R A A U E E  
 Z H T T T E P W L V E L S F F  
 Y M N P E H H A R R P O I V Q  
 F F G P B R E E G Z H L H R I  
 R E M A I N S R V C E C D S A

FRIENDS	OBEY	LOVE	FRUIT
DOWN	BUSINESS	BEAR	MASTER
LAY	FATHER	LIFE	REMAIN
SERVANTS	GREATER	COMMAND	CHOSE



LOVE   
Each Other

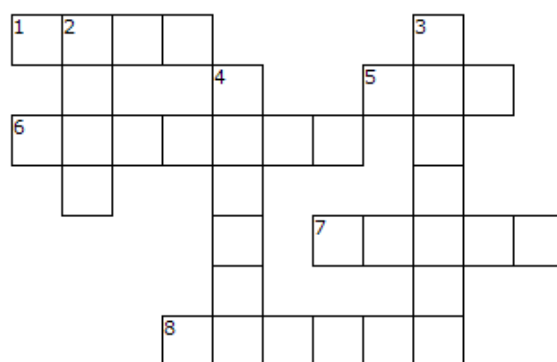
JOHN 13:34



# Love One Another

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## ACROSS

1. To hold dear, to like or desire greatly
5. A state of happiness or delight
6. Someone that performs duties for a master
7. To gain knowledge, skill, or understanding
8. A person that you like very much

## DOWN

2. To do what you are told; follow the rules
3. An order which a person is expected to obey
4. One who has authority over another person

SERVANT	OBEY	LEARN	COMMAND
FRIEND	LOVE	MASTER	JOY