

Celebrating FOURTH SUNDAY OF LENT
Exploring our Faith with Children
World Bipolar Day 30th March
World Autism Awareness Day 2nd April
Celebrating our March & April Saints

One day Jesus told this story:

There was a man who had two sons.
One day the younger one came to his father and said,

“Father give me everything that will one day belong to me, so I can enjoy my riches now.”

The father did this and the young man set off to look for adventure.

He travelled to a distant land and spent all the money enjoying himself. But there was a famine in that land, and soon the young man found himself penniless and hungry.

“If I stay here I will surely starve” he thought.

So he decided to return to his father and ask for forgiveness.
The father saw his son coming and ran to welcome him.

As he hugged him the young man said,

“Father, I am so sorry. I no longer deserve to be called your son.”

But his father told his servants to prepare a feast and to bring fine clothes, and they began to celebrate.



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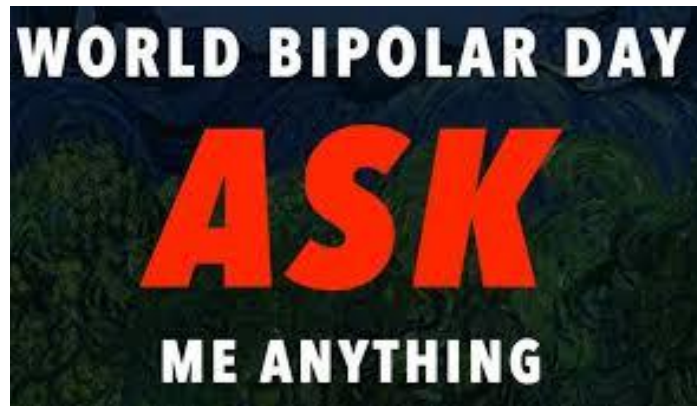


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World Bipolar Day 30th March



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#WorldBipolarDay

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World Autism Awareness Day 2nd April



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Budget Mince Chow Mein

Ingredients

4 onions

1 tsp mushroom stock

1 tsp garlic stock or minced garlic

1 tsp chicken stock

500 g mince

1 tsp curry powder

A small packet of mixed vegetables

Pieces of cabbage shredded

1 pkt chicken noodle soup mix



Method

- Fry the onions in a pan until brown.
- Add the mince to the pan and brown. Cover with enough water to simmer.
- Add the mushroom, garlic, chicken stock and the curry powder. Mix well.
- Put the whole packet of mixed veges and the pieces of cabbage (cut finely) into the mix.
- Lastly add the chicken noodle soup and cook for about 10 minutes - until the veges are cooked.
- Serve with rice or over noodles.

Banana Bread

Ingredients

125g butter, softened

½ cup Chelsea Caster Sugar (113g)

½ cup Chelsea Soft Brown Sugar (100g)

2 eggs

2 cups Edmonds Standard Grade
Flour (300g)

1 tsp Edmonds Baking Powder

1 tsp ground cinnamon

1 tsp Edmonds Baking Soda

1 cup Meadow Fresh Original Milk (250ml)

2 ripe bananas, mashed

¼ cup walnuts, chopped (25g) (optional)

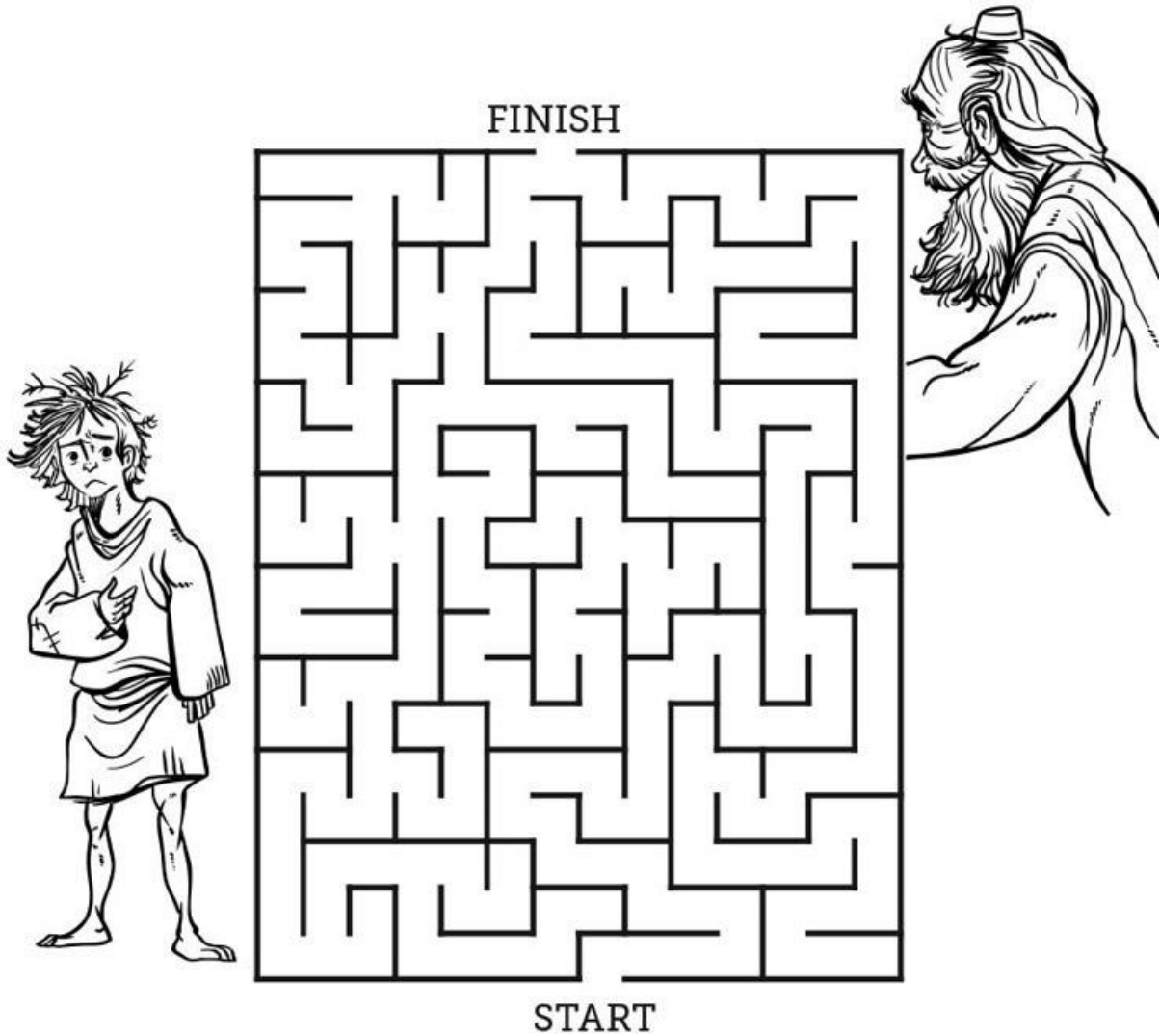


Method

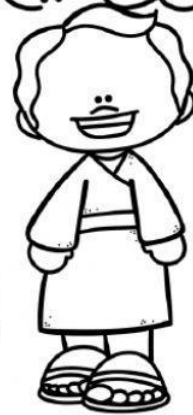
- Preheat oven to 180°C bake. Grease and line a loaf pan (approximately 22-24cm x 13cm).
- Beat butter, Chelsea Caster Sugar and Chelsea Soft Brown Sugar together until pale and creamy. Add eggs one at a time, beating well after each addition.
- Sift in flour, baking powder and cinnamon. Stir a couple of times to partially mix in.
- In a separate smaller bowl, dissolve baking soda in milk. Add to butter mixture with bananas and walnuts, if using. Mix until combined.
- Pour batter into prepared loaf pan. Bake for 1 hour or until a skewer inserted in the centre comes out clean. Leave to cool in tin for 10 minutes before turning out onto a wire rack.

THE PRODIGAL SON

Lead the son to his loving father.



The Prodigal Son!



Read each word from our story. Find the word in the word search and circle it. The words are across, down, and diagonal.

q	w	s	p	e	r	t	F	a	t	h	e	r	y	m
z	x	o	c	i	v	f	a	m	i	n	e	b	n	o
f	d	n	a	o	g	u	b	r	o	t	h	e	r	n
e	g	s	s	p	i	s	y	t	r	e	w	r	q	e
z	a	h	j	k	a	n	g	e	r	x	c	e	v	y
q	w	r	j	k	l	z	g	r	a	c	e	p	h	b
e	r	t	n	x	c	v	b	n	w	e	r	e	u	n
s	t	a	r	v	i	n	g	t	y	u	i	n	n	g
z	x	c	v	b	n	m	q	a	s	d	f	t	g	h
p	r	o	d	i	g	a	l	a	s	d	f	a	r	j
u	y	t	r	e	w	q	m	n	b	v	g	n	y	k
i	s	e	r	v	a	n	t	s	c	d	f	c	x	l
f	o	r	g	i	v	e	n	e	s	s	v	e	c	z
f	d	s	a	i	u	y	t	r	e	w	q	m	b	x
c	e	l	e	b	r	a	t	i	o	n	n	l	n	c

prodigal
sons
Father
money

celebration
grace
repentance
starving

pigs
forgiveness
brother
servants

hungry
earn
famine
anger

