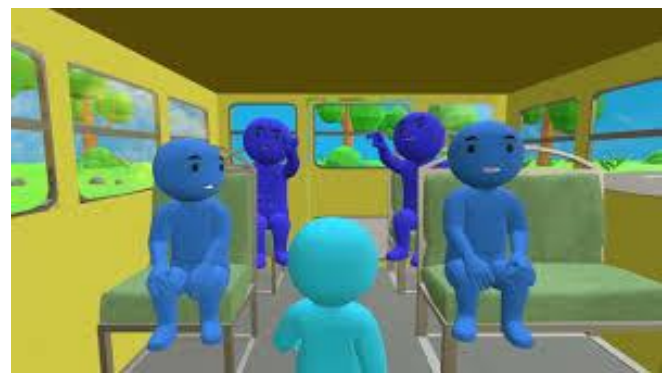


Celebrating TWENTY SECOND SUNDAY in OT
Exploring our Faith with Children
International Day of Charity September 5th.
Migraine Awareness Week September 1st – 7th
Celebrating our August & September Saints

One day Jesus went to the house of a Pharisee
to share a Sabbath meal. Many guests had been invited,
and noticing how they rushed to get the best seats,
Jesus said to them.

“When you are invited for a meal,
do not take the best place
because a more important guest might be there.
You will be embarrassed when the host asks you
to move and give up your seat.
Instead, always sit in the least important place,
so that when you are moved to a better seat
others will see how much you are respected.”

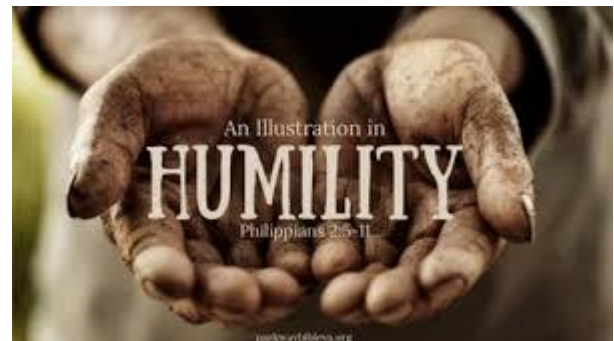
Then Jesus said,
“Do not invite people to eat with you
because you know they can invite you back.
Be generous and invite those who cannot repay
your kindness. You will be rewarded for your goodness
at the end of time.”



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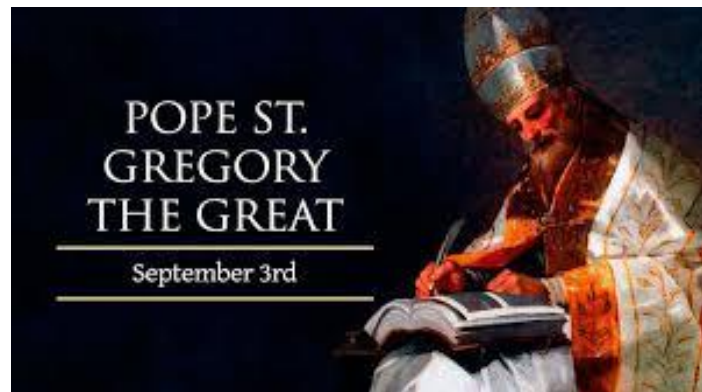
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International Day of Charity September 5th.



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Migraine Awareness Week September 1st – 7th



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Lasagna soup

Ingredients

500g Quality Mark beef mince
1 Tbsp olive oil
1 onion finely chopped
2 garlic cloves minced
2 carrots diced
2 celery stalks diced
1 red capsicum diced
1 courgette diced
1 canned chopped tomatoes
500ml reduced-salt beef stock
1 Tbsp tomato puree
1 tsp dried oregano
1 tsp dried thyme
1 tsp dried basil
100g lasagna sheets
broken into pieces
1 handful baby spinach leaves chopped
100g bocconcini
basil leaves to serve



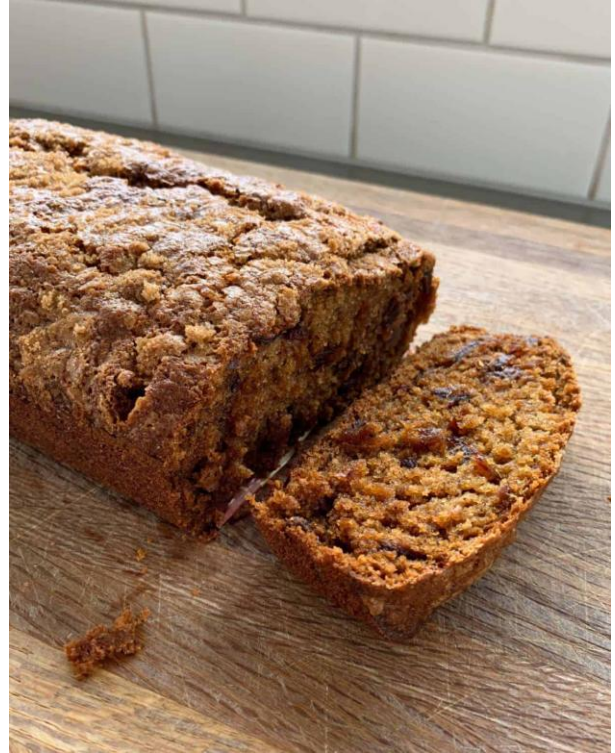
Method

- Heat olive oil in a large pot over medium heat. Add the beef mince and cook, breaking it up with a spoon, until browned. Drain any excess fat if needed.
- Add the onion, garlic and diced vegetables. Cook for 5-7 minutes until softened.
- Stir in the chopped tomatoes, stock, tomato purée, oregano, basil, thyme, and black pepper. Bring to a gentle simmer and let cook for 15 minutes, allowing the flavours to develop.
- Stir in the broken lasagna sheets and cook for 8-10 minutes, stirring occasionally, until the pasta is tender.
- Add the spinach or kale and cook for another 2 minutes until wilted. Adjust seasoning to taste.
- Ladle into bowls and top with bocchoncini. Let them soften into the warm soup, then sprinkle with fresh basil.

Nana's Date Loaf

Ingredients

- 1 cup dates, chopped
- 50g butter, melted
- 4 Weetbix, crushed
- 1 cup sugar
- 1 tsp baking powder
- 1 tsp baking soda
- 1 cup boiling water
- 1 egg, whisked
- 1 cup plain flour
- 1 Tbsp brown sugar



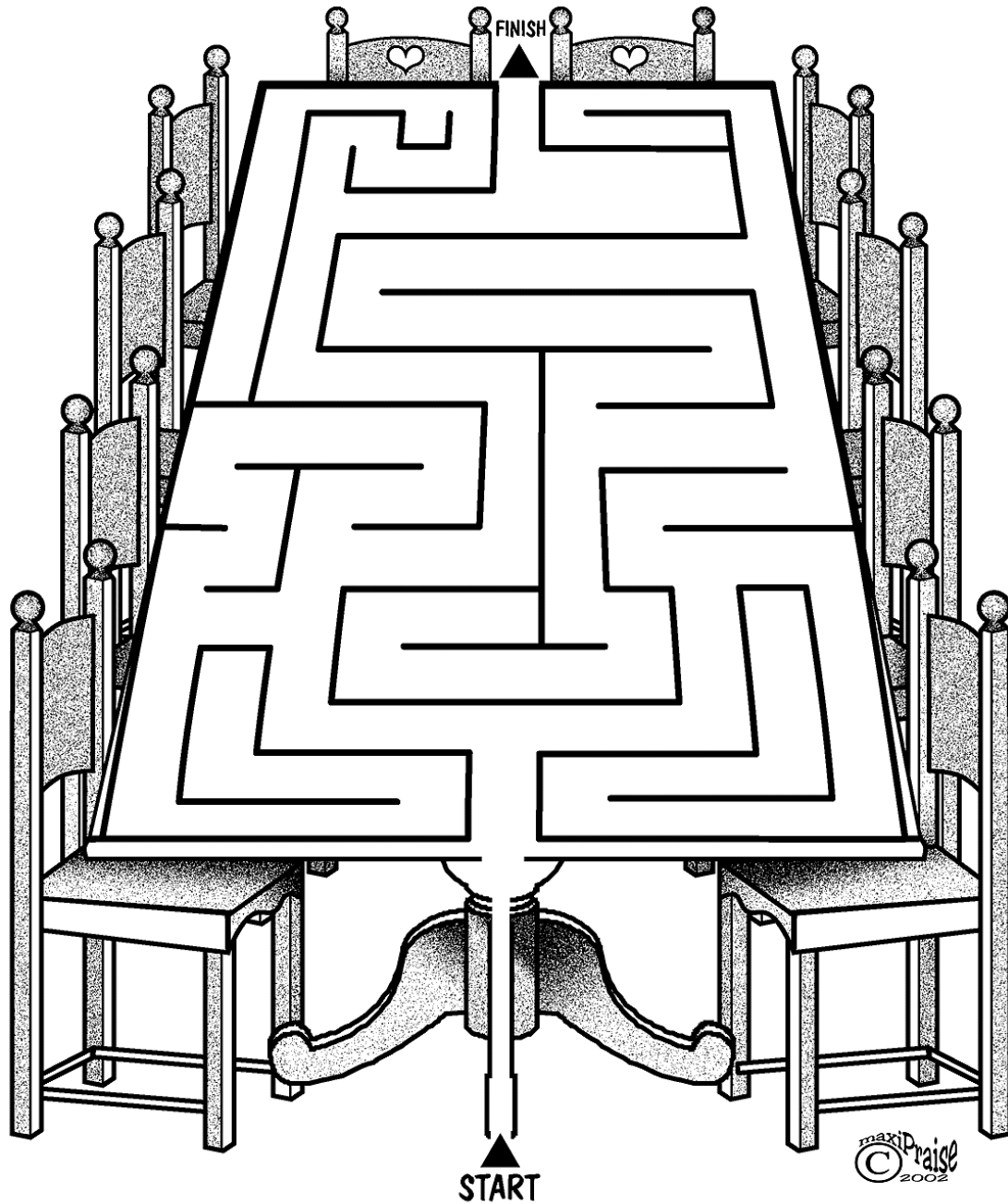
Method

1. Preheat oven to 180.C fan bake
2. Line a 24 x 13 cm loaf tin with baking paper, or use cooking spray instead.
3. In a large bowl combine dates, butter, Weetbix, sugar, baking powder, baking soda and boiling water.
4. Let the mixture stand for 5 minutes.
5. Stir in egg and sift in flour. Fold all ingredients together until combined.
6. Pour into prepared loaf tin and scatter over brown sugar.
7. Bake for 45-55 minutes or until golden and cooked through.
8. Remove from the oven and allow to sit in the loaf tin for at least 10 minutes before turning out onto a wire rack to cool.
9. Best served warm with butter.

Parable

The Seat to Take

Move from the bottom of the table to the head. Then you can colour in the maze.



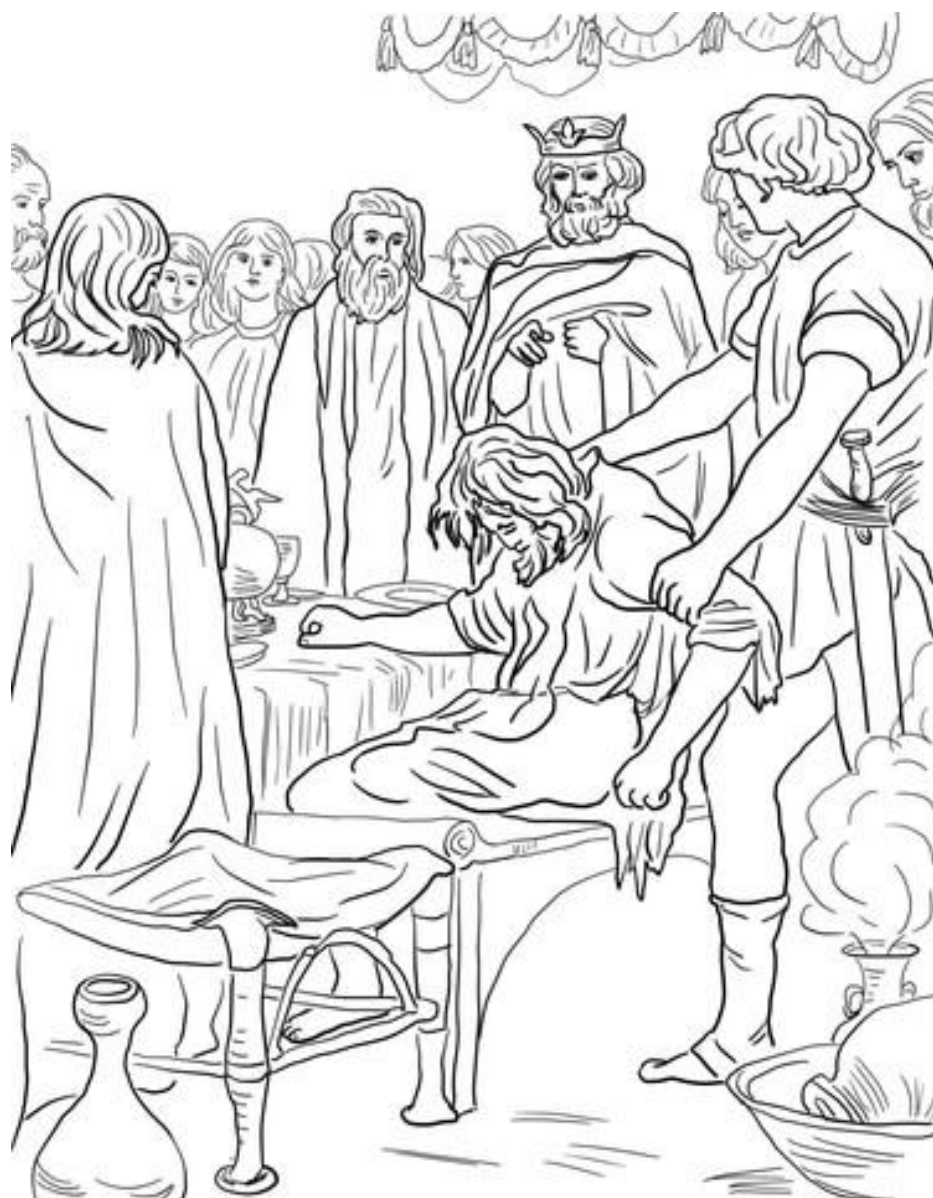
Jesus said that when you go to a party and you get to choose where you want to sit then you should not go and sit in the best or most important seat. Because if you sit in the best place and someone who is more important than you comes then you might have to shift places. But if you let others sit in the best seats then the host might notice and move you to an important seat while everyone is watching.

S	Y	M	G	N	I	D	D	E	W
T	N	A	E	R	A	P	X	F	E
S	Y	O	P	A	A	A	A	R	E
E	S	S	I	E	L	R	Y	I	D
U	E	S	M	T	R	A	A	E	I
G	T	L	S	B	A	B	P	N	N
L	R	H	U	M	B	L	E	D	G
A	U	O	H	N	L	E	E	M	N
X	O	R	O	U	C	O	R	R	I
E	C	R	O	P	C	H	N	U	L

MEAL
WEDDING
HUMBLED
REPAY

GUESTS
FRIEND
LUNCH
COURTESY

PARABLE
EXALTS
RELATIONS
POOR



A Lesson in Humility

The greatest among you will be your servant. For those who exalt themselves will be humbled, and those who humble themselves will be exalted. Matthew 23:11-12 (NIV)



Complete the activity.

The words below have been written in code. Use the hints in the decoder at the top of the page to help break the code (the letters on top are the correct answers, the letters on the bottom are the code). Write the correct word on the line provided beside each code word.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 19-5-18-22-1-14-20 _____
- 15-2-5-25 _____
- 9-13-16-15-18-20-1-14-20 _____
- 4-9-19-3-9-16-12-5-19 _____
- 8-21-13-2-12-5 _____
- 6-9-14-7-5-18 _____
- 12-9-6-20 _____
- 8-15-14-15-18 _____

SERVANT HUMBLE	OBEY FINGER	IMPORTANT LIFT	DISCIPLES HONOR
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