

Marriage Preparation

OVERVIEW



Catholic Diocese of Auckland
Te Taumata o te Hahi Katorika

WELCOME

This is a Catholic faith-based course for a woman and a man to attend during their engagement or for couples thinking this may happen in the future and want to be sure about their decision.

All faiths and non-faith couples are most welcome.



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ABOUT

Our role is to support your journey further as we take you through the steps to an intimate marriage that all couples desire for their future. A successful lifelong marriage is possible for all couples who are committed to making their marriage their priority.

All Marriage Educators in this course are married volunteers who have received specific training in marriage preparation to offer you the best experience.

Course PREPARATION

- Plan to finish the course before the wedding at least:
 - 6 months if getting married in New Zealand
 - 18 months if getting married overseas
- Allow 3 months to fit your schedule around the course and unforeseen life events and book all 3 parts of the course upon registration
 - For shift workers, please contact the office as soon as possible.
- Participate wholeheartedly to experience and maximise the benefit from all the potential learnings in the course



About THE COURSE

The course is divided into 3 parts.
All parts must be completed together.

Called
to
Commit

PART 1

Commit
to the
Journey

PART 2

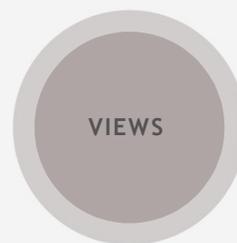
Commit
in
Action

PART 3

Course Expectations

PART 1 - Called to Commit

Part 1 is a 2 - 2.5 hour online session (via Zoom) which offers a guided reflection through:



You will be invited to participate in couples work that leads to a general discussion; giving you the opportunity to start thinking about how you would want to craft your marriage. You will have the opportunity to ask questions and share your own responses.

You will complete a Communication Inventory Activity that highlights your similar and differing views on certain topics known to cause conflict in marriages.

Course Expectations

PART 2- Commit to the Journey

This session is a follow-up to Part 1, where you'll receive and explore the results of the Inventory you completed in Part 1.

Together, you'll unpack key areas highlighted in your Inventory, such as family, friends, communication, readiness for marriage, and more, in a loving, safe, and respectful environment. It's a valuable opportunity to address important topics before making your final commitment on your wedding day. Your Marriage Educator (ME) will guide the conversation with skill and care. The session begins with a prayer, followed by a warm welcome into the ME's home, helping you feel relaxed, supported, and confident as you work through your results. Everything discussed is confidential.

If additional communication coaching or support would be helpful, your ME may refer you to a more experienced educator, with your consent.



Course Expectations

PART 3 - Commit in Action

Part 3 is broken into **4-7 sessions** that are each **4-8 hours long** to complete a total of **24-30 hours**. This can be in person or held online via Zoom.

This part involves drawing on your background and family experiences to identify the values you see as important in crafting your marriage. This focuses on conflict and resolution and provides you with the skills to have a powerful positive communication with each other that helps develop an intimate marriage.

These sessions are facilitated by experienced Marriage Educators and focus on how to foster a thriving modern marriage. This is an in-depth series on communication and the Church's teaching and traditions around marriage.

This will be completed with a Liturgy where a priest will be present to answer your wedding queries, to practise your wedding vows, and receive a blessing from a priest!

CONTACT US

Marriage and Family Life Ministry

☎ 09 360 3008

✉ marriageandfamily@cda.org.nz

Gerry Smith

Leader of Marriage and Family Life Ministry

☎ 021 022 47442

✉ marriageandfamily@cda.org.nz

