



**CELEBRATING THE TWELFTH SUNDAY in OT**  
**Exploring our Faith with Children**  
**WORLD PEACE AND PRAYER DAY 21<sup>st</sup> June**  
**INTERNATIONAL WIDOWS' DAY 23<sup>rd</sup> June**  
**Celebrating our June Saints**

*God does not want us to worry about what we eat, drink or anything else.*

*God will take care of our needs.*

*Let's think about birds. They do not worry about what they are going to eat at all, but every day when they wake up they are about to find the insects that they need to eat.*

*God does not let them go hungry.*

*Since we are God's most precious treasure then He will not let us go hungry either.*

*God takes care of the flowers of the Earth just like He takes care of the birds.*

*Each spring the flowers grow and bloom.*

*God makes sure that they get enough sunlight and rain to grow.*

*He cares about them and takes care of them. God also cares about us and takes care of us.*

*We do not need to worry about the clothes that we wear because God will provide for our needs.*

**Jesus taught that worrying  
doesn't help, not even  
one bit.**

[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



ST. ALOYSIUS  
GONZAGA

June 21st

[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)

**WORLD PEACE AND PRAYER DAY 21<sup>st</sup> June**



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)

**INTERNATIONAL WIDOWS' DAY 23<sup>rd</sup> June**



[Click here and follow the Link](#)



[Click here and follow the Link](#)



[Click here and follow the Link](#)

# Leftover Vegetable Mini Frittata

## Ingredients

- Leftover potatoes, cooked - 2 cups
- Spring onions, thinly sliced - 2
- Leftover red capsicum, diced - 1/2 cup
- Leftover courgette, diced - 1/2 cup
- Eggs, whisked – 4
- Mixed herbs - 1/4 tsp
- Milk - 1/2 cup
- Tasty cheese, grated - 1/2 cup
- Salt and pepper, to season
- Parsley, chopped - 1 Tbsp



## Method

- Preheat the oven to 180°C (200° fan-forced), grease the sides and line the base of a 12-hole muffin tin with baking paper.
- Roughly mash the potatoes with a fork and place them into the muffin tins.
- In a large bowl, combine the spring onion, red pepper, courgette, eggs, herbs, milk, half the cheese, salt and pepper. Spoon the mixture into the tins.
- Sprinkle the remaining cheese on top and bake for 20-25 minutes until puffed and golden.
- Remove from the tins and sprinkle with a little parsley.

# Lemon, honey & ginger tart

## Ingredients

- 1 packet Ginger Chunk Cookies
- 3 tbsp Flour
- 85g Butter, melted
- ½ cup Squeezable Liquid Runny Honey
- 4 Free Range Eggs
- 150mls Cream
- 2 lemons



## Method

1. In a food processor, blitz the biscuits to a fine crumb. Mix with the flour, combine with the melted butter then press into the edges and base of a 20cm tart tin. Put in the fridge for at least 30 minutes or until the crust is firm to touch.
2. Preheat the oven to 160°C.
3. Put the tart shell onto a baking tray and bake for 15 minutes. Remove and while still warm, press the base down gently with your hands.
4. Whisk together the honey and eggs until well combined. Add the cream and stir well.
5. Finely grate the zest of the lemons and add to the egg mix. Squeeze the juice and strain through a sieve to remove pips. Add to the cream mix and then pour immediately into the tart shell and bake for 20 minutes or until the tart has just a little wobble in the middle.
6. Set aside to cool before slicing and serving.

## Top tips:

Dust with a little icing sugar once cool and serve with a dollop of lightly whipped cream or vanilla ice cream. Keep refrigerated if you aren't eating it on the same day.



Whenever  
I AM  
afraid,  
I  
WILL TRUST  
in  
YOU.

Psalm 56:3

# The Lilies of the Field

Consider the lilies of the field, how they grow; they toil not, neither do they spin. Matthew 6:28 (KJV)

The puzzle is based on Matthew 6:24-34 (NIV).



I C F D U Q B Q K L X F L I H  
 F W D E X D T G F V I S U H S  
 U I O R E A W L R L G L P S I  
 L O E R E D X D H O G D I I R  
 I C T L R S S K Y Q W K R E N  
 F O M B D Y S N Y A F O O D S  
 E T W X I N P E S B I R D S C  
 R S T O R E Y L D B A R N S V  
 B L I F T X S S B W W V X Y W  
 B I B N A H E P F N L R P O X  
 Z C O L D H L A B O R D S I J  
 A S D V T R F L R E A P P R U  
 Q L Y O Y U I T H I F A A Z A  
 F Y L R U R R N M Q O E B J A  
 N C Z I G T U W K D W Y B S T

SPIN  
 BIRDS  
 FIELD  
 LIFE

BODY  
 SOW  
 FOOD  
 DRESSED

REAP  
 WEAR  
 LILIES  
 STORE

LABOR  
 FEEDS  
 GROW  
 EAT

DRINK  
 CLOTHES  
 BARN  
 WORRY

# The Lilies of the Field

And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these." Matthew 6:28-29 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
W	H	X	R	B	K	O	D	V	I	E	L	P	M	U	Q	C	Y	A	G	F	T	J	Z	N	S

- 1-7-4-4-18 \_\_\_\_\_
- 26-7-12-7-14-7-25 \_\_\_\_\_
- 12-19-5-7-4 \_\_\_\_\_
- 26-13-12-11-25-8-7-4 \_\_\_\_\_
- 12-10-12-10-11-26 \_\_\_\_\_
- 17-12-7-22-2-11-26 \_\_\_\_\_
- 26-13-10-25 \_\_\_\_\_
- 21-10-11-12-8 \_\_\_\_\_
- 8-4-11-26-26-11-8 \_\_\_\_\_
- 20-4-7-1 \_\_\_\_\_

SPIN	LILIES	SPLENDOR	WORRY	DRESSED
FIELD	LABOR	GROW	CLOTHES	SOLOMON